

Department for Education

## Foreign and Commonwealth Office travel advice

As of 10 March, the Foreign and Commonwealth Office (FCO) has updated advice about travel to Italy. The FCO is currently advising:

- against all but essential travel to Italy
- against all travel to Hubei Province, in China
- against all but essential travel to the rest of mainland China
- against all travel to the cities of Daegu, Cheongdo and Gyeongsan in South Korea

The Foreign and Commonwealth Office is not currently advising against travel to any other country/territory as a result of COVID-19.

The latest travel advice can be found here:

- <https://www.gov.uk/guidance/travel-advice-novel-coronavirus>

## Updated advice for travellers returning from Italy

On 10 March, Public Health England updated its travel advice for travellers returning from Italy. The advice can be found here:

- <https://www.gov.uk/guidance/coronavirus-covid-19-information-for-the-public>

Further information on what you should do if you are asked to self-isolate can be found here:

- <https://publichealthmatters.blog.gov.uk/2020/02/20/what-is-self-isolation-and-why-is-it-important/>

## **The importance of hygiene**

Personal hygiene is the most important way we can tackle COVID-19, especially washing hands more; and the catch it, bin it, kill it strategy for those with coughs and sneezes.

## **How to wash your hands properly**

Wash your hands more often for 20 seconds with soap and hot water.

Watch this short NHS film for guidance:

- <https://youtu.be/bQCP7waTRWU>

Teach young children how to wash their hands with the NHS handwashing song:

- <https://www.youtube.com/watch?v=S9VjeIWLnEq>

Public Health England recommends that in addition to handwashing before eating, and after coughing and sneezing, everyone should also wash hands after using toilets and travelling on public transport.

## **Educational resources**

The e-Bug project is led by Public Health England and has a dedicated webpage for learning resources on hand washing and respiratory hygiene.

Resources are currently available for KS1, KS2 and KS3 and can be used in various settings including schools:

- <https://campaignresources.phe.gov.uk/schools>

## Department for Education coronavirus helpline

The Department for Education coronavirus helpline is available to answer questions about COVID-19 relating to education and children's social care. Staff, parents and young people can contact this helpline as follows:

Phone: 0800 046 8687

Email: [DfE.coronavirushelpline@education.gov.uk](mailto:DfE.coronavirushelpline@education.gov.uk)

Opening hours: 8am to 6pm (Monday to Friday)

If you work in a school, please have your unique reference number (URN or UKPRN) available when calling the helpline.

## Where to find the latest information

Updates on COVID-19:

- <https://www.gov.uk/coronavirus>

Guidance for educational settings:

- <https://www.gov.uk/government/publications/guidance-to-educational-settings-about-covid-19>

Travel advice for those travelling and living overseas:

- <https://www.gov.uk/guidance/travel-advice-novel-coronavirus>

Educational resources:

- <https://campaignresources.phe.gov.uk/resources/campaigns/101-coronavirus-/resources>
- <https://campaignresources.phe.gov.uk/schools>

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